

Provisional Programme for the UK Counties Athletic
Union Cross-Country Championships, Saturday 7th
March 2009, Wollaton Park, Nottingham.

11:05	U20 Men	8,000m
11:33	U13 Boys	3,000m
11:51	Senior Women	8,000m
12:23	U15 Boys	4500m
12:42	U17 Women	5,000m
13:06	U20 Women	6,000m
13:32	U13 Girls	3,000m
13:52	U17 Men	6,000m
14:15	U15 Girls	4,000m
14:36	Senior Men	12,000m

Derbyshire athletes are asked to enter The Park by turning left and left again off the A52 at the Queen's Medical Centre Island, into Lime Tree Avenue.